

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2018



Independent Living Activities Calendar

<p>10:00 Morning Read Along Devotion (P) 2</p> <p>2:00 Non-Denominational Community Worship Service (A3FL)</p> <p>2:30 Wii Sports (GA)</p> <p>4:00 Resident Led Card Games (GA)</p>	<p>10:30 Chair Cardio (GA) 3</p> <p>12:00-1:00 Labor Day Cookout</p> <p>1:30 Striders' Club (FC)</p> <p>2:00 Rummikub (PDR)</p> <p>2:30-4:00 Writer's Club (A3FL)</p> <p>3:15 Candy Bingo (GA)</p> <p>4:00 Happy Hour (P)</p> <p style="text-align: center;"><small>Labor Day</small></p>	<p>10:30 AM Exercise (GA) 4</p> <p>11:30 Quarters Bingo (GA)</p> <p>2:00 Bridge (PDR)</p> <p>2:30-3:30 Music in the Square With Roberto (GA)</p> <p>4:00 Resident Orientation (B)</p> <p>7:00 Evening Movie & Popcorn (TH) "Sicario"</p>	<p>10:30 Chair Cardio (GA) 5</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Mahjong (B)</p> <p>2:00 Rummikub (PDR)</p> <p>3:00 Book Club (L)</p> <p>3:00 Poetry Club (A3FL)</p> <p>4:00 Happy Hour (P)</p> <p>7:00 Legendary Leaders of the Bible Study & Discussion (A3FL)</p>	<p>10:00 Manicures (BS) 6</p> <p>11:30 Giant Crossword (GA)</p> <p>12:30 Crocheting & Knitting Club (B)</p> <p>2:00 Afternoon Exercise (GA)</p> <p>3:00 Quarters Bingo (GA)</p> <p>7:00 Evening Movie & Popcorn (TH) "The Titanic pt. 1"</p>	<p>10:30 Chair Cardio (GA) 7</p> <p>11:15 Shopping Outing To "Walmart" \$ (ML)</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Movie Matinee & Popcorn "Forever My Girl" (TH)</p> <p>2:00 Rummikub (PDR)</p> <p>4:00 Happy Hour (P)</p> <p>6:30 Quarters Bingo (GA)</p>	<p>10:00 Morning Exercise (GA) 1</p> <p>11:00 Quarters Bingo (GA)</p> <p>2:00 Billiards (P)</p> <p>2:30 Group Game "Crosstrails" (GA)</p> <p>7:00 Movie & Popcorn (TH) "Woman in Gold"</p>
<p>10:00 Morning Read Along Devotion (P) 9</p> <p>2:00 Non-Denominational Community Worship Service (A3FL)</p> <p>2:30 Wii Sports (GA)</p> <p>3:00 Movie Matinee & Popcorn "Mrs. Doubtfire" (TH)</p> <p>4:00 Resident Led Card Games (GA)</p> <p style="text-align: center;"><small>Grandparents Day</small></p>	<p>10:30 Chair Cardio (GA) 10</p> <p>11:15 Giant Crossword (GA)</p> <p>11:15 Lunch Outing to "P.F. Chang's" (ML)\$</p> <p>1:30 Striders' Club (FC)</p> <p>2:00 Rummikub (PDR)</p> <p>2:30-4:00 Writer's Club (A3FL)</p> <p>3:15 Candy Bingo (GA)</p> <p>4:00 Happy Hour (P)</p> <p style="text-align: center;"><small>Rosh Hashanah</small></p>	<p>10:30 AM Exercise (GA) 11</p> <p>11:30 Quarters Bingo (GA)</p> <p>2:00 Bridge (PDR)</p> <p>2:30-3:30 Music in the Square With Barbara Blair (GA)</p> <p>7:00 Evening Movie & Popcorn (TH) "Waitress"</p>	<p>10:30 Chair Cardio (GA) 12</p> <p>11:15 Giant Crossword (GA)</p> <p>11:15 Pedicure Outing (ML) \$</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Mahjong (B)</p> <p>2:00 Rummikub (PDR)</p> <p>3:00 Poetry Club (A3FL)</p> <p>4:00 Happy Hour (P)</p> <p>7:00 Legendary Leaders of the Bible Study & Discussion (A3FL)</p>	<p>10:00 Manicures (BS) 13</p> <p>11:30 Giant Crossword (GA)</p> <p>12:30 Crocheting & Knitting Club (B)</p> <p>2:00 Afternoon Exercise (GA)</p> <p>3:00 Quarters Bingo (GA)</p> <p>7:00 Evening Movie & Popcorn (TH) "The Titanic pt. 2"</p>	<p>10:30 Chair Cardio(GA) 14</p> <p>11:15 Shopping Outing To "Food Lion" \$ (ML)</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Movie Matinee & Popcorn "The Blind Side"(TH)</p> <p>2:00 Rummikub (PDR)</p> <p>2:00 Technology Group (A3FL)</p> <p>4:00 Happy Hour</p> <p>6:30 Quarters Bingo (GA)</p>	<p>10:00 Morning Exercise (GA) 15</p> <p>11:00 Quarters Bingo (GA)</p> <p>2:00 Billiards (P)</p> <p>2:30 Group Game "Domino's & Dilly Bars" (GA)</p> <p>7:00 Movie & Popcorn (TH) "Last Flag Flying"</p>
<p>10:00 Morning Read Along Devotion (P) 16</p> <p>TBD Cinema Café Outing (ML)\$</p> <p>2:00 Non-Denominational Community Worship Service (A3FL)</p> <p>2:30 Wii Sports (GA)</p>	<p>10:30 Chair Cardio (GA) 17</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>2:00 Rummikub (PDR)</p> <p>2:30-4:00 Writer's Club (A3FL)</p> <p>3:15 Candy Bingo (GA)</p> <p>4:00 Happy Hour (P)</p>	<p>10:30 AM Exercise (GA) 18</p> <p>11:30 Quarters Bingo (GA)</p> <p>1:00 Town Hall (A3FL)</p> <p>2:00 Bridge (PDR)</p> <p>2:30-3:30 Music in the Square With Ed Jones Band (GA)</p> <p>4:00 Resident Orientation (B)</p> <p>7:00 Evening Movie & Popcorn (TH) "Same Kind of Different as me"</p>	<p>10:30 Chair Cardio (GA) 19</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Mahjong (B)</p> <p>2:00 Rummikub (PDR)</p> <p>3:00 Book Club (L)</p> <p>3:00 Poetry Club (A3FL)</p> <p>4:00 Happy Hour (P)</p> <p>6:30 Special Music in the Square W/ Cowboy Dandy Don! <small>Yom Kippur</small></p>	<p>10:00 Manicures (BS) 20</p> <p>11:30 Giant Crossword (GA)</p> <p>12:30 Crocheting & Knitting Club (B)</p> <p>1:30 Silver Tappers (GA)</p> <p>3:00 Quarters Bingo (GA)</p> <p>3:00-4:00 Beltone (A3FL)</p> <p>7:00 Evening Movie & Popcorn (TH) "Murder by Death"</p> <p>8:00 Chrysler Museum Glass Blowing (ML) \$</p>	<p>10:30 Chair Cardio(GA) 21</p> <p>11:15 Shopping Outing To "Target" \$ (ML)</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Movie Matinee & Popcorn "Flicka"</p> <p>2:00 Rummikub (PDR)</p> <p>4:00 Happy Hour (P)</p> <p>6:30 Quarters Bingo (GA)</p>	<p>8:00 Walk to End Alzheimer's</p> <p>10:00 Morning Exercise (GA)</p> <p>11:00 Quarters Bingo (GA)</p> <p>2:00 Billiards (P)</p> <p>2:30 Group Game "Bunco" (GA)</p> <p>7:00 Movie & Popcorn (TH) "The Best Exotic Marigold Hotel"</p> <p style="text-align: center;"><small>Autumn Begins Oktoberfest Begins</small></p>
<p>10:00 Morning Read Along Devotion (P) 23</p> <p>2:00 Non-Denominational Community Worship Service (A3FL)</p> <p>2:30 Wii Sports (GA)</p> <p>3:00 Movie Matinee & Popcorn "The Greatest Showman" (TH)</p> <p>4:00 Resident Led Card Games (GA)</p>	<p>10:30 Chair Cardio(GA) 24</p> <p>11:15 Giant Crossword (GA)</p> <p>11:15 Lunch Outing to "Dockside" (ML) \$</p> <p>1:30 Striders' Club (FC)</p> <p>2:00 Rummikub (PDR)</p> <p>2:30-4:00 Writer's Club (A3FL)</p> <p>3:15 Candy Bingo (GA)</p> <p>4:00 Happy Hour (P)</p> <p style="text-align: center;"><small>Sukkot</small></p>	<p>10:30 AM Exercise (GA) 25</p> <p>11:30 Quarters Bingo (GA)</p> <p>2:00 Bridge (PDR)</p> <p>2:30-3:30 Music in the Square With Chuck Moebus (GA)</p> <p>7:00 Evening Movie & Popcorn (TH) "The Prize Winner of Defiance, Ohio"</p>	<p>10:30 Chair Cardio (GA) 26</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Mahjong (B)</p> <p>2:00 Rummikub (PDR)</p> <p>3:00 Poetry Club (A3FL)</p> <p>4:00 Happy Hour (P)</p> <p>7:00 Legendary Leaders of the Bible Study & Discussion (A3FL)</p>	<p>10:00 Manicures (BS) 27</p> <p>11:30 Giant Crossword (GA)</p> <p>12:30 Crocheting & Knitting Club (B)</p> <p>1:30 Outing to Schokolad Cho. Factory (ML)\$</p> <p>2:00 Afternoon Exercise (GA)</p> <p>3:00 Quarters Bingo (GA)</p> <p>7:00 Evening Movie & Popcorn (TH) "The Day the Earth Stood Still"</p>	<p>10:30 Chair Cardio(GA) 28</p> <p>11:15 Shopping Outing To "Harris Teeter" \$ (ML)</p> <p>11:15 Giant Crossword (GA)</p> <p>1:30 Striders' Club (FC)</p> <p>1:30 Movie Matinee & Popcorn "I Can Only Imagine" (TH)</p> <p>2:00 Rummikub (PDR)</p> <p>2:00 Technology Group (A3FL)</p> <p>4:00 Happy Hour & Birthday Bash!(P)</p> <p>6:30 Quarters Bingo (GA)</p>	<p>10:00 Morning Exercise (GA) 29</p> <p>11:00 Quarters Bingo (GA)</p> <p>2:00 Billiards (P)</p> <p>2:30 Saturday Social "Build Your Own Sundae" (GA)</p> <p>7:00 Movie & Popcorn (TH) "Book Club"</p>
<p>10:00 Morning Read Along Devotion (P) 30</p> <p>2:00 Non-Denominational Community Worship Service (A3FL)</p> <p>2:30 Wii Sports (GA)</p> <p>4:00 Resident Led Card Games (GA)</p>	<p>GA- Group Activity Room- 1st Floor B- Bistro 1st Floor P- Pub 1st Floor PDR- Private Dining Room 1st Floor ML- Main Lobby 1st Floor A2FL- Activity Room 2nd Floor TH- 2nd Floor A3FL- Activity/Chapel 3rd Floor L- Library 3rd Floor BS- Beauty Salon 4th Floor</p>					

Please sign up for Lunch, Shopping, and Manicures in the **Green Binder** by the elevator.

The Crossings at Independence 2077 S. Independence Blvd. Virginia Beach VA, 23453 (757) 802-3665. All activities are subject to change. Refer to daily sheets posted in the lobby and at elevators.